



MID-JERSEY PEDIATRICS

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INFANT SAFETY INSTRUCTIONS

- 1) Place a gate on your stairs once your baby can move around your home. A gate is also useful for blocking the entrance to the kitchen when the oven is in use; and for creating other safe areas.
- 2) Place electric outlet plugs in all unused electrical sockets.
- 3) All electrical cords and wiring should be kept out of baby's reach. Plug in appliances and lamps behind furniture. Tack down loose wires with electric wiring staples.
- 4) All poisonous substances should be locked away. It is *NOT* acceptable to place items on high shelves, where they can be reached by climbing.
- 5) Keep all medicines in child-resistant containers. Store medicines in the medicine cabinet, not on counters or in unprotected cabinets.
- 6) If your child ingests a potential poison or a medication, call Poison Control at 1-800-222-1222 OR take your child to the nearest emergency room for evaluation and treatment. Administration of syrup of ipecac is no longer recommended.
- 7) Install "Kinderguard" or other safety latches on drawers and cabinet doors where you keep harmful items.
- 8) Install corner edge guards on the sharp edges and corners of coffee tables, end tables, etc.
- 9) Keep fragile items out of baby's reach and view. Don't tempt your baby with tablecloths, plant stands, or electronic equipment left within reach.
- 10) Lock the bathroom door from the outside with a simple eye-hook latch.
- 11) If it is adjustable, set your hot water heater to the *LOW* setting (120 degrees).
- 12) Never leave your child unattended in the bath.
- 13) Use an approved car seat every time your child rides in the car. Your child needs the car seat until he/she is four years old, or weighs 40 lbs., or is 40 inches tall. Never leave your child alone in the car.